

Sec 1 & 3 Outdoor Adventure Camp Briefing





THE SINGAPORE SCOUT ASSOCIATION

Hua Yi Secondary School

Sec 1 and Sec 3 Outdoor
Adventure Camp 2025

- Parents Briefing





An initiative of The Singapore Scout Association

Date of Programme:

12 – 14 February 2025
(Wednesday to Friday)

Venue:

Sarimbun Scout Campsite

70 Jalan Bahtera Singapore 719921

Sarimbun Scout Campsite



Sarimbun Scout Campsite



Sarimbun Scout Campsite – Accommodation for Sec 1



Sarimbun Scout Campsite – Accommodation for Sec 3



Programme Objectives

01 To provide opportunities for students to develop resilience through adventure and team building activities, intentionally reinforced during debrief.

02 To challenge students to emerge from their comfort zones.

03 To allow students to acquire and demonstrate team building and life skills.

04 To provide opportunities for class bonding.

Camp Details – Activities for Sec 1



Camp Details – Activities for Sec 1



Camp Details – Activities for Sec 1



Camp Details – Activities for Sec 3



Camp Details – Activities for Sec 3



Camp Details – Challenge by Choice

01 Challenge by choice does not give the participants the choice to continually opt out of activities because they have chosen not to play.

Some find it easy to understand challenge by choice in the following way:

- Participants have the right to choose when to participate and in what way.
- Participants must add value to their experience at all times. Sitting out is rarely an appropriate option.
- Participants must respect and value the decisions of their peers.

Camp Meals

01 Day 1: 12th Feb – Lunch, Dinner, Supper

02 Day 2: 13th Feb – Breakfast, Lunch, Dinner, Supper

03 Day 3: 14th Feb – Breakfast

Note: No snacks are to be brought to the camp.

Camp Details – Safety Procedures

01 Mosquitoes

- Fogging & Larvaciding (Weekly)

02 Wild Animals

- Facilitators 1st in Line
- Pre-Checks before each activity

03 Dedicated First Aid Personnel on standby 24/7

04 Competent Facilitators

- Level 1 Facilitation Course (L1FC) certified
- MOE Eris Registered
- High Elements personnel are trained according to Association of Challenge Course Technology standards

Camp Details – Evacuation Procedures

01 Non - Emergency

- Parents to pick students up

02 Emergency - Non-Critical

(Based on assessment by First Aid Personnel & Camp ICs)


- Sent to National University Hospital (NUH)

03 Emergency – Critical

(Based on assessment by First Aid Personnel & Camp ICs)

- Ng Teng Fong General Hospital


Programme Outline for Sec 1

|  | SANDS LEADERSHIP DEVELOPMENT CENTRE An initiative of The Singapore Scout Association | | | | LEGEND | Troop 1 Class 1A to 1C | Wet Attire |
|--|--|---------------------------|---------------------------|-------------------|----------------------------------|----------------------------------|------------------------|
| | Hua Yi Secondary School 2025 Sec 1 Outdoor Adventure Camp (Residential) | | | | Troop 2 Class 1D to 1E | Troop 3 Class 1F to 1G | Long Pants |
| Day 1 - 12 February 2025, Wednesday | | | | | | | |
| Time / Class | 1A | 1B | 1C | 1D | 1E | 1F | 1G |
| 0800h | Admin Matters / Bag Check | | | | | | |
| 0900h | Travel to Campsite | | | | | | |
| 1000h | Campsite Orientation / Setting the Tone | | | | | | |
| 1030h | Tent Pitching / Check-in to Accommodation | | | | | | |
| 1200h | Lunch | | | | | | |
| 1330h | Appreciation Corner | | | | | | |
| 1430h | Climbing Wall | Intermediate Ropes Course | Low Elements | Catapult Building | Water Rafting + Slide | Environmental Activity | Campfire Preparation |
| 1615h | Campfire Preparation | Climbing Wall | Intermediate Ropes Course | Low Elements | Catapult Building | Water Rafting + Slide | Environmental Activity |
| 1800h | Dinner | | | | | | |
| 1930h | Sarimbun Amazing Race - Combined with Sec 3 | | | | | | |
| 2100h | Debrief | | | Shower | | Supper | |
| 2130h | Supper | | | Debrief | | Shower | |
| 2200h | Shower | | | Supper | | Debrief | |
| 2230h | Lights Out | | | | | | |

Programme Outline for Sec 1

| Day 2 - 13 February 2025, Thursday | | | | | | | |
|------------------------------------|-----------------------------------|------------------------|------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Time / Class | 1A | 1B | 1C | 1D | 1E | 1F | 1G |
| 0700h | Rise and Shine | | | | | | |
| 0730h | Breakfast | | | | | | |
| 0830h | Environmental Activity | Campfire Preparation | Climbing Wall | Intermediate Ropes Course | Low Elements | Catapult Building | Water Rafting + Slide |
| 1015h | Water Rafting + Slide | Environmental Activity | Campfire Preparation | Climbing Wall | Intermediate Ropes Course | Low Elements | Catapult Building |
| 1200h | Lunch | | | | | | |
| 1300h | Catapult Building | Water Rafting + Slide | Environmental Activity | Campfire Preparation | Climbing Wall | Intermediate Ropes Course | Low Elements |
| 1445h | Low Elements | Catapult Building | Water Rafting + Slide | Environmental Activity | Campfire Preparation | Climbing Wall | Intermediate Ropes Course |
| 1630h | Intermediate Ropes Course | Low Elements | Catapult Building | Water Rafting + Slide | Environmental Activity | Campfire Preparation | Climbing Wall |
| 1815h | Dinner | | | | | | |
| 1915h | Campfire! | | | | | | |
| 2100h | Supper | | | Debrief | | Shower | |
| 2130h | Shower | | | Supper | | Debrief | |
| 2200h | Debrief | | | Shower | | Supper | |
| 2230h | Lights Out | | | | | | |
| Day 3 - 14 February 2025, Friday | | | | | | | |
| Time / Class | 1A | 1B | 1C | 1D | 1E | 1F | 1G |
| 0730h | Rise and Shine | | | | | | |
| 0800h | Breakfast | | | | | | |
| 0900h | Area Cleaning | | | | | | |
| 1000h | Tent Striking | | | | | | |
| 1100h | Camp Closing / Prize Presentation | | | | | | |
| 1130h | Travel to School | | | | | | |
| 1230h | End of Camp | | | | | | |

Programme Outline for Sec 3

|  | SANDS LEADERSHIP DEVELOPMENT CENTRE An initiative of The Singapore Scout Association | | | | LEGEND | Long Pants | Wet Attire |
|--|--|----|-------------------------------------|---------|-------------------------------------|-------------------------|-------------------------------------|
| | Hua Yi Secondary School 2025 Sec 3 Outdoor Adventure Camp (Residential) | | | | Troop 1 Class 3A, 3D, 3C | Troop 2 Class 3E, 3B | Troop 3 Class 3G to 3F |
| Day 1 - 12 February 2025, Wednesday | | | | | | | |
| Time / Class | 3A | 3D | 3C | 3E | 3B | 3G | 3F |
| 0800h | Admin Matters | | | | | | |
| 0830h | Travel to Campsite | | | | | | |
| 0930h | Campsite Orientation / Setting the Tone | | | | | | |
| 1000h | Tent Pitching / Check-in to Accommodation | | | | | | |
| 1100h | Lunch | | | | | | |
| 1230h | Abseiling + Zipline + High Elements | | Standard Obstacle Course | | Outdoor Cooking | | Campfire Preparation |
| 1400h | Campfire Preparation | | Abseiling + Zipline + High Elements | | Standard Obstacle Course | | Outdoor Cooking |
| 1530h | Outdoor Cooking | | Campfire Preparation | | Abseiling + Zipline + High Elements | | Standard Obstacle Course |
| 1700h | Standard Obstacle Course | | Outdoor Cooking | | Campfire Preparation | | Abseiling + Zipline + High Elements |
| 1830h | Dinner | | | | | | |
| 1930h | Sarimbun Amazing Race - Combined with Sec 1 | | | | | | |
| 2100h | Debrief | | | Shower | | Supper | |
| 2130h | Supper | | | Debrief | | Shower | |
| 2200h | Shower | | | Supper | | Debrief | |
| 2230h | Lights Out | | | | | | |

Programme Outline for Sec 3

| Day 2 - 13 February 2025, Thursday | | | | | | | |
|------------------------------------|--|----|--|--|---|---------|--|
| Time / Class | 3A | 3D | 3C | 3E | 3B | 3G | 3F |
| 0630h | Rise and Shine | | | | | | |
| 0700h | Breakfast / Energizers | | | | | | |
| 0800h | 0800h: Transport to Land Expedition 0900h: Orienteering 0945h: Land Expedition | | | 0745h: Transport to Water Activity 0830h: Team Building Activity 1000h: Water Activity 1200h: Wash Up | | | 0745h: Transport to Water Activity 0830h: Water Activity 1030h: Wash Up 1100h: Team Building Activity |
| 0930h | | | | | | | |
| 1100h | | | | | | | |
| 1230h | Lunch | | | | | | |
| 1330h | 1330h: Team Building Activity 1500h: Water Activity 1700h: Wash Up 1730h: Transport to Campsite | | 1330h: Water Activity 1530h: Wash Up 1600h: Team Building Activity 1730h: Transport to Campsite | | 1330h: Orienteering 1415h: Land Expedition 1715h: Transport to Campsite | | |
| 1530h | | | | | | | |
| 1700h | | | | | | | |
| 1830h | Dinner | | | | | | |
| 1930h | Campfire! | | | | | | |
| 2115h | Supper | | | Debrief | | Shower | |
| 2145h | Shower | | | Supper | | Debrief | |
| 2215h | Debrief | | | Shower | | Supper | |
| 2245h | Lights Out | | | | | | |
| Day 3 - 14 February 2025, Friday | | | | | | | |
| Time / Class | 3A | 3D | 3C | 3E | 3B | 3G | 3F |
| 0730h | Rise and Shine | | | | | | |
| 0800h | Breakfast | | | | | | |
| 0900h | Area Cleaning | | | | | | |
| 1000h | Tent Striking | | | | | | |
| 1100h | Camp Closing / Prize Presentation | | | | | | |
| 1130h | Travel to School | | | | | | |
| 1230h | End of Camp | | | | | | |

Camp Details – Reporting Attire

01 12th Feb, Wednesday – Report in House T-Shirt, Track Pants & School Shoes

02 13th Feb, Thursday – Wear any school-based T-Shirt for day activities. Camp Level T-Shirt to be worn for campfire.

03 14th Feb, Friday – Return to school in Level T-Shirt, Track Pants & School Shoes

| No | Items | Quantity | Remarks |
|----|--|----------------|--|
| 1 | School based T-Shirt | Minimum 4 | Level T-shirt, House T-shirt etc |
| 2 | Track/Long Pants | Minimum 2 | Attire throughout camp |
| 3 | Shorts | Minimum 2 | 1 for water activity |
| 4 | Undergarments | Minimum 3 sets | |
| 5 | Socks | Minimum 2 | |
| 6 | Shoes for activity | 1 | Only covered shoes |
| 7 | Old serviceable shoes / booties for water activity | Minimum 1 | Sandals will not be allowed for water activity |
| 8 | Sandals / slippers | 1 | Only to be worn for showering purposes |
| 9 | Towel | 1 | |
| 10 | Toiletries | 1 Set | Bring female hygiene products if needed and 1 roll of toilet paper for own usage |
| 11 | Zip lock / Plastic bag | As required | To keep your wet clothes and waterproofing your items in your bag |
| 12 | Hat / cap | 1 | Optional |
| 13 | Torchlight | 1 | Optional |
| 14 | Pen and notepad | 1 Set | |

| No | Items | Quantity | Remarks |
|----|--|-------------------|---|
| 15 | Insect Repellent | Recommended | |
| 16 | Sunblock lotion | Recommended | |
| 17 | Spare pair of spectacles / contact lens/ lotion | Recommended | For those who are short-sighted |
| 18 | Spectacle hook or band | Recommended | For water activity |
| 19 | Utensils(Non-disposables) | Compulsory | Cups, Plates, Fork & Spoon (For Meals) |
| 20 | Water bottle | Compulsory | Minimum 1 litre |
| 21 | Personal First Aid Kit / Medication | Compulsory | Bring your inhaler if you are asthmatic |
| 22 | Poncho | Compulsory | To bring in case of wet weather |
| 23 | Day Bag | Compulsory | Use throughout the camp. |
| 24 | Sleeping bag | Compulsory | You will be sleeping overnight at campsite without mattress |

Note: Do not bring other valuable items or any food items for the camp. Handphone and wallets will be safe kept by the form teachers till end of the camp.

For queries/emergency, please call

01 During school hours: 6563 4568

After school hours: 9113 4632

02 Sec 1 Camp – Mr Lim Kok Sing (SH/PE, CCA & Aesthetics)

Sec 3 Camp - Mr Colin Wong (HOD/PE, CCA & Aesthetics)





THANK YOU!



Connect with us
[#SingaporeScout](#)